# How we provide Safe & Socially Distanced First Aid Training during COVID-19

#### On Arrival...

- All learners checked for COVID-19 symptoms
- All learners screened using non-contact infra-red thermometer to check their temperature
- All learners to sanitise their hands using equipment provided
- Learners to be issued with gloves, face shields and handouts

### **During Course...**

- Learners to be spaced x2 metres apart during ALL theory and practical elements of the course.
- Learners will watch a short video about how COVID-19 spreads
- Instructor will explain how the group will be organised to maintain 2 metre distance throughout all elements of the course
- Instructor will explain and monitor the sanitising of CPR manikins using special anti-viral (Trionic)/anti-bacterial wipes.
- Our CPR manikins are maintained to the highest standard using disposable airways, anti-viral & anti-bacterial disinfectant wipes and a rigorous cleaning regime
- As a double failsafe, we will be using CPR face shields
- Learners to wash and sanitise their hands after each session/ break

#### \*\*These measures have been approved as sufficient by Health & Safety Executive and Consultant Microbiologists at NHS England\*\*

## ActionPoint Training & Consultancy